

# Stage One Dance Center



390 Military East ♦ Benicia, Ca 94510

Phone 707-745-1834

[www.stage1dance.com](http://www.stage1dance.com)

## Summer Training Intensive 2017 - \*Advanced

**When:** Mon – Thurs 9:30am – 2:40pm (with tap 3:30pm)

**Sessions:** July 10 – 13 & 17 - 20

### Classes:

Mon/Wed	Floor Barre(1) Stretch/Strengthen(3)	9:30 – 10:00
	Contemporary	10:05 – 11:05
	Ballet	11:10 – 12:10
	Lunch	12:10 – 12:40
	Hip Hop	12:40 – 1:40
	Tumbling	1:45 – 2:40
	Tap	2:45 – 3:30
Tues/Thurs	Contemporary warm up	9:30 – 10:00
	Tumbling	10:05 – 11:05
	Lyrical	11:10 – 12:10
	Lunch	12:10 – 12:40
	Hip Hop	12:40 – 1:40
	Jazz	1:45 – 2:40
	Tap	2:45 – 3:30

Instructors: Ms Carla, Ms Juliet, Ms Terrin,

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Tuition: \$185 – 1 week  
\$35 – Tap add on

Registration Fee \$35 (waived for current Stage One students)

\*New students must turn in enrollment request & waiver form

**July 10 - 13 \_\_\_\_\_ July 17 - 20 \_\_\_\_\_**

Name: \_\_\_\_\_

Total paid with Registration: \_\_\_\_\_